

*Brave Space presents*

# **Eating Disorder Support Group**

For transgender and non-binary adults 18+ who are interested in recovery, in partial recovery, or full recovery from an eating disorder

**Mondays 6:30pm to 8:00pm**

**August 19-October 28, 2019**

**12 sessions** (min 80% attendance recommended)

**3620 SE Powell Blvd, #102 PDX OR 97202**

Navigating both body dysphoria and eating disorders can be complex and challenging. Few clinics offer support that addresses both of these needs. Join us in building a community that supports each other in building our authentic selves while creating a new relationship with our bodies.

**We take OHP Insurance!** (HealthShare, Yamhill)

**Call or email to be scheduled for a brief intake appointment.**

503-486-8936, [info@bravespacellc.com](mailto:info@bravespacellc.com).

Intakes should happen by Aug 15<sup>th</sup> in order to enroll in group.

Out-of-pocket: \$35/session

Sorry, private insurance cannot be accepted at this time

## **Facilitators:**

**Bee Norris, LPC intern:** I am a certified Eating Disorder specialist, and I identify as a genderqueer person and survivor of anorexia. I have over five years of education and experience working in the field of eating disorder support and care.

**Cambria Beirow, QMHA:** I am a non-binary, queer therapist and I am a survivor of anorexia and restrictive eating patterns. Throughout my personal and professional development, I have gained experience in the care of eating disorders and disordered eating patterns in the LGBTQAI+ community.