

Dear \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

Guess what? I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ you so much that I am giving you this letter. This is a really \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ thing for me to do, because I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that you’ll be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I am doing this because it is very important to me.

Here it goes. Guess what? I’m

[ ]  Gay [ ]  Queer [ ]  Lesbian [ ]  Bisexual [ ]  Asexual

[ ]  Pansexual [ ]  Heterosexual

[ ]  Transgender [ ]  Non-binary [ ]  Genderqueer

[ ]  Not a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ [ ]  Magically undefinable

[ ]  Questioning my identity as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

[ ]  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

You might be thinking,

[ ]  How can you be sure? [ ]  You’re not old enough to know that.

[ ]  This is just a phase; you’ll grow out of it. [ ]  I am so scared for you!

[ ]  WHAT????? BUT YOU’RE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!!!

[ ]  Not in my house you aren’t! [ ]  Yeah, I figured.

[ ]  Well, duh! [ ]  Hooray!

[ ]  I will always love you! [ ]  How can I help protect you?

I promise you, I have been considering this for myself for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and have really thought about \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I am personally still figuring out \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

I hope you take a moment to consider how you respond. It will really hurt me if you say:

 [ ]  You’ll only love me as the way you thought of me before

[ ]  You think God didn’t make people like me

 [ ]  You think my friends are influencing me and I don’t know

 how to make big “choices” like this

 [ ]  You never want to see me again

 [ ]  You think someone hurt me to make me this way

I would love to hear you say:

[ ]  I love you no matter who you are [ ]  I will support you through this

[ ]  I knew it all along [ ]  Your secret’s safe with me

[ ]  How can I help? [ ]  It’s time for a celebration!

I’d be totally willing to talk about the following things:

[ ]  How you can support me [ ]  What the word or identity means

[ ]  How I came to understand this for myself [ ]  How I’m feeling

[ ]  What’s cool about being me

[ ]  What kinds of support I need, like groups, counseling, school advocacy, or medical care

[ ]  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

It’d be hard, but I’m willing to talk about:

[ ]  Your concerns about my future [ ]  How I came to understand this for myself

[ ]  How I’m feeling [ ]  Your beliefs about being this identity

[ ]  What kinds of support I need, like groups, counseling, school advocacy, legal changes, or medical care

I’d like to request that if you need to talk about the following, that you find someone else to talk to:

[ ]  Your concerns about my future

[ ]  Your beliefs about being this identity

[ ]  How someone “becomes” this identity

[ ]  Any really private questions like about my body or my romantic

 relationships

[ ]  All the scary or negative things you might be thinking about my future

I hope that after you read this, we \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Thank you for

[ ]  Listening to me

[ ]  Believing in me

[ ]  Being there for me no matter what

[ ]  Keeping this private until I say we can tell other people.

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ you,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(your name)